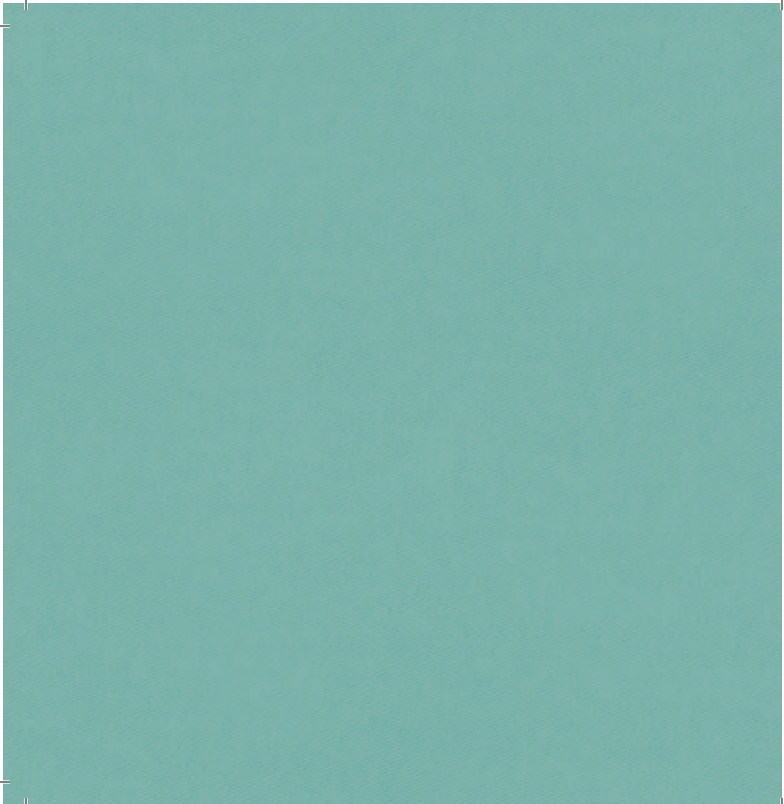





PRAY YOUR DAY FOR

families





Reviewing the day is something many Christians do. It provides a safe, encouraging space, for everyone to look back carefully at their day and recognise where they have experienced the life of God in others and in themselves.




GET
comfy

Bring your family together for some time in prayer. Get some blankets and make a comfy space where you can relax.



lift
your
hearts




What would you really like
to say thank you for today?






A time? A place? A person?





What did you least enjoy
about today?



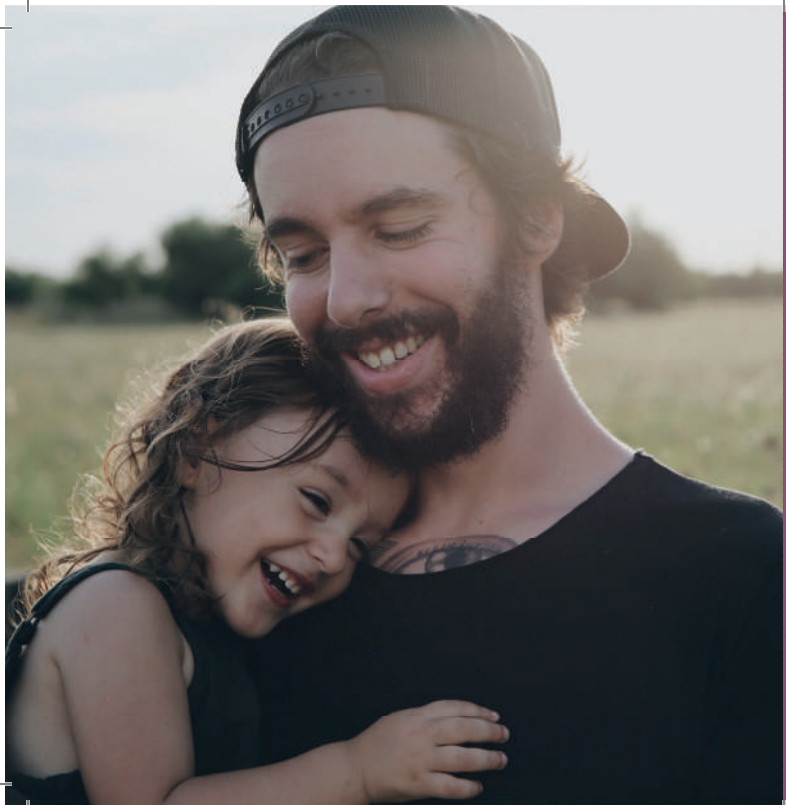


And how could we think about
making it better?



REACH
OUT

How did you show love today?




Who did you share with?





Who did you help?





How were you kind?

A person with long brown hair, wearing a dark jacket and blue jeans, is seen from the back, holding a large, square, black-framed sign. The sign has a light blue background and the text "GIVE. THANKS." in bold, black, sans-serif font. The person is standing in a grassy field with trees in the background. A vertical green bar is on the right side of the image.

**GIVE.
THANKS.**

Thank you God for this time
to think and share together.
Thank you God for helping
us all to be more loving.

Want to go further?
gloucester.anglican.org/your-prayer



Registered charity number: 251234. Company number: 162165
Registered office: Church House, College Green, Gloucester, GL1 2LY